

HIV nursing and research

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Hello and welcome to the final issue of *HIV Nursing* for 2018. I am always really excited about this issue, which has a focus on research in HIV care, something that I am very passionate about. I first must thank all of the authors who have taken time to produce their valuable articles. The journal would not be possible without the contribution from members of the HIV nursing community. If you would like to write for the journal or have an idea you would like to talk through with one of us, please do get in touch. Secondly, a thank you to Mediscript for all of their work in supporting us to produce this issue. HIV and research is something I'm personally interested in and am following two studies at the moment, the SELPHI study [1] and the PrEP Impact Trial [2].

The SELPHI study for those that may not have heard of it is 'An HIV self-testing public health intervention'. The SELPHI study is trying to find out if offering free self-testing can help people get diagnosed with HIV more quickly. They have enrolled gay and other men who have sex with men (MSM), and this includes both cis MSM (not trans) and trans MSM. In addition, they want to include trans women who have sex with men, whose experiences are likely to be very different from MSM. The results from SELPHI will help the NHS decide if it should be providing free HIV self-testing. It is looking at the cost as well as benefits of self-testing when deciding this. The SELPHI study reported reaching more than 10,000 participants and closed its recruitment in March 2018. The study's final results will be available by the year 2020.

Secondly, the PrEP Impact Trial is offering PrEP to 13,000 people (an increase on the original number of 10,000) across England. It will fund PrEP until at least October 2020 for the participants. To be eligible for the study, participants have to match the following criteria [3]:

- You do not have HIV and have had condomless sex in the past 3 months and think you will again in the next 3 months, and you are: cis or transgender MSM or a transgender woman.
- You do not have HIV and expect to have sex without condoms with a partner(s) who have HIV and also have a detectable viral load.
- You do not meet the first two descriptions and you might be having heterosexual sex, but you've been clinically assessed as being at a similar high risk of acquiring HIV [3].

I'm looking forward to watching both the studies develop over the next few years and the results being published. I'm sure both of these research studies will have an effect on HIV care at home and abroad.

This issue sees an array of articles being published. Kemoh Rogers and Eamonn McKeown present their study on in-depth interviews with serodiscordant relationships (SdRs) amongst heterosexual black African migrant couples in the UK. They report implications for clinical practice including providing support and information for black African heterosexual couples living in SdRs, particularly in terms of the potential benefits of greater engagement with both partners, with and without HIV, as a unit.

Next, Joe Phillips presents an article on Plan Zero from 56 Dean Street. It explains what Plan Zero is, the achievements it has made and the challenges it faces in reducing the number of HIV cases in MSM in the capital to zero.

Jaqueline Houston, Emily Hufton and Rebecca Leech present the Manchester model of complex care. They discuss how this model of care operates in a clinical setting. I particularly like the way they discuss a problem solving approach to enhance attendance at appointments and reduce non-attendance by patients.

This issue's CPD article is on HIV and women's health by Juliet Bennett and offers approximately 3.5 hours of reading, time out activities and a quiz. It is hoped you can write a short reflective piece, which may be of use in revalidation for nurses and midwives.

Finally, Elizabeth Crock, Penny Kensington and Melinda Hassall present a report from the 2018 Australasian HIV & AIDS Conference held in Sydney. They provide a summary and commentary on the nursing presentations given at the conference. They also discuss a new resource for women on the U=U programme.

I do hope you enjoy reading this issue of *HIV Nursing* and do get in touch with the authors or myself with any comments or feedback.

References

1. SELPHI. An HIV self-testing public health intervention. Available at: www.selphi.org/ (accessed November 2018).
2. PrEP Impact Trial. A pragmatic health technology assessment of PrEP and implementation. Available at: www.prepimpacttrial.org.uk/ (accessed November 2018).
3. Terrence Higgins Trust, I want PrEP now. PrEP on the NHS: Information about PrEP availability on the National Health Service. Available at: www.iwantprepnnow.co.uk/prep-on-the-nhs (accessed November 2018).

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